

## Lyneham – Jan- Feb 2018

## **SUMMARY:**

The sessions have been quieter in Lyneham, caused mainly by lots of changes in friendship groups. Over the last two months the sessions have been mirroring RWB with regard to planned sessions, focusing on sexual health and safe social media.

We had a small celebration for a young person who had spent two years with CAAMHS (Child and Adolescent Mental Health Service) and has been signed off. The young people are aware of her CAAMHS involvement and she was happy to share her experience.

We have been planning to move to the community centre, some of the young people have expressed some apprehension but this is to do with change. Our first session in the new setting was a success. There are lots of different facilities such as pool, a computer console and a chill out area, so it's really positive we can use the space. It's like all youth centres used to be a little while back!

There were a couple of young people engaging in table tennis, where as previous they rarely partake in any physical activity, so it was nice to see a change resulting from the move immediately. Its so beneficial to have a purpose built space for young people, it allows youth workers to spend their time engaging in more depth with attendees rather than policing and worrying about buildings!

## TWO MONTHS SESSIONS:

05/01/18 – 8 young people 12/01/18 – 11 yp 19/01/18 – 11 yp 26/01/18 – 11 yp

02/02/18 - 11 yp 09/02/18 - 10 yp 16/02/18 - 9 yp 23/02/18 - 13 yp

## **ISSUES FACED:**

As ever the number of young people attending the session can vary greatly, often due to the logistical nature of military lifestyle. Although the young people seem to cope well in general with all the moves they might face, we do support those who have built strong relationships and find moving more emotional.